



January/February 2011

# RIVIERA *living*

AN EXCLUSIVE NEWSLETTER FOR THE RESIDENTS OF THE HOLLYWOOD RIVIERA

## *A Day at the Beach...*

Photograph by [jayroberts.zenfolio.com](http://jayroberts.zenfolio.com)



Kelly & Laura Newsletter Inside...



HOME FURNISHING BOUTIQUE

Casual Living By The Sea



Fringe

GIFTS JEWELRY ACCESSORIES

310-316-9100

1806 S Catalina Ave. Redondo Beach, Ca. 90277  
3516 Highland Ave. Manhattan Beach, Ca. 90266

CYCLING YOGA PILATES

Riviera Village



**Syzygy Cycling**  
257 Avenida Del Norte  
Redondo Beach, CA 90277  
**310.316.7999**  
310.316.3277 fax  
www.syzygycycling.com



**Syzygy Soul**  
1700 South Catalina #203  
Redondo Beach, CA 90277  
**310.316.0161**  
www.syzygysoul.com

Individual classes and Packages Available



Are your Retirement Savings Professionally Managed?

If you were a client of Retirement Protection Group, you would have a friendly, local, professional financial advisory firm that truly cares about your future!

**Thomas A. Gray, MBA and Christina Jespersen, MA** are 20+ year veterans of financial planning, and are founders of Retirement Protection Group. Their emphasis is working one-on-one with their clients to help them make smart financial choices – while striving to avoid costly investment mistakes.

**Retirement Protection Group (RPG)** is a fee-based wealth management firm headquartered in the same Riviera Village location for over 10 years!

**Call today 310-375-1300** for your free portfolio analysis and recommendations to help reach your financial goals!



www.retirementpro.com • 322 Vista Del Mar, Redondo Beach, CA 90277

Securities offered through Triad Advisors, Inc. Member FINRA & SIPC.

NEIGHBORHOOD CONTACTS  
www.hollywoodriviera.org

2010-11 Officers and Directors

<b>President</b> Roberta Blowers 310-930-1322	<b>Newsletter Editor</b> Geneva Martin 310-378-9767
<b>First VP (Programs)</b> Janet Kaplan 310-780-9641	<b>Hospitality Chair</b> Nancy Mansfield-Staudt 310-378-5334
<b>Second VP (Membership)</b> Judy Brunetti 310-378-5616	<b>Landscape Chair</b> Karen Lent 310-375-6539
<b>Secretary</b> Judy English 310-378-0361	<b>Community Liaison</b> Pam Popovich 310-375-8729
<b>Co-treasurer &amp; Public Relations</b> Voc Gregorian 310-710-9080	<b>Traffic Liaison</b> Mike Guidry 310-373-1944
<b>Co-treasurer</b> Cindy Costantino 310-376-1845	<b>Mailing Chair</b> Diane Miltimore
	<b>Webmaster/Photographer</b> Julian Chasin 310-373-6314

RIVIERA HOMEOWNERS ASSOCIATION

The following RHA Officers can be contacted through their e-mail:

president@hollywoodriviera.org  
secretary@hollywoodriviera.org  
treasurer@hollywoodriviera.org  
dues@hollywoodriviera.org  
newsletter@hollywoodriviera.org  
traffic@hollywoodriviera.org  
landscape@hollywoodriviera.org  
photog@hollywoodriviera.org  
webmaster@hollywoodriviera.org  
scholarships@hollywoodriviera.org



www.n2pub.com  
© 2011 Neighborhood Networks Publishing, Inc.

<b>AREA DIRECTOR</b>	Rick Rizzo 310.750.6574 rick.rizzo@n2pub.com	
<b>LOCAL EDITORS</b>	Geneva Martin Roberta Blowers Karen Lent	
<b>CREATIVE TEAM</b>	Christie Joyce Erich Nickens Katie Sneed Krista DeWitt	Robb Hotchkiss Alex Chioini Marie Nowell Adrienne Jensen

inside

Neighborhood News	6
Sponsor Index	24
Local Events	28
Young Life	30

IMPORTANT PHONE NUMBERS

911	<b>Emergency Only</b>
310-328-5310	<b>City of Torrance - General Number</b>
310-784-7950	<b>Airport Noise Abatement</b>
310-618-2801	<b>City Council/Mayor's Office</b>
310-618-5990	<b>Community Development</b>
310- 618-2930	<b>Community Services</b>
310- 618-5959	<b>Library Services</b>
310-781-7000	<b>Fire/Administration</b>
310-328-3456	<b>Police/Information</b>
310-781-6900	<b>Public Works</b>
310-781-7042	<b>Water Emergency (after hours)</b>
310-618-3850	<b>Torrance Animal Control</b>
310- 618-6266	<b>Transit</b>
310-523-9566	<b>Animal Control (L.A. County)</b>
800-655-4555	<b>Street Light Repair (Edison)</b>

**DISCLAIMER:** The paid advertisements contained within *Riviera Living* are not endorsed or recommended by N2 Publishing or the Hollywood Riviera Homeowners Association, Inc. Therefore, neither party may be held liable for the business practices of these companies. The Hollywood Riviera Homeowners Association is also not responsible for any content of the *Riviera Living* except for that which they directly submitted for print. **NOTE:** When community events take place, photographers may be present to take photos for that may be used in this publication.



## President's Message:

We recognize that there were omissions left out of our first edition of Riviera Living Magazine, including the Riviera Homeowners Association President's Message, December's Holiday Program announcement and more. Please bear with us as we work on getting that improved. Riviera Living is a magazine representing Riviera Homeowners Association. We want to thank the many advertisers that advertise this magazine. We rely on these advertisements however; Riviera Homeowners Association has no specific advertising sponsors.

Here is the Riviera Living Magazine first edition's President's Message that was omitted:  
It gives me great pleasure as President of the Riviera Homeowners Association to be part of this inaugural edition of Riviera Living, a brand new bimonthly magazine for this wonderful community that we live in.

Thank you for taking the time out of your busy schedules to read this first edition that we hope will help to keep you aware

of what is going on in your community and for you to read articles and stories that we hope might enlighten and enrich your lives.

Many of us are extremely fortunate to live in such a unique community here in the Hollywood Riviera and to enjoy living among so many good neighbors. I want to express my appreciation to so many of you for being such good neighbors in this great neighborhood that we share and to encourage you to continue to spread the goodness. I have personally seen, heard about and experienced such generosity, caring and kindness.

Here we are, already in the midst of fall in Southern California and I want to invite you to consider joining or renewing your membership in the Riviera Homeowner Association at this time now.

Our membership runs from September through August of each year. Since our new membership and business year has just begun, it is time to join or renew your membership in the Riviera Homeowners

Association today and by doing so to help support the interests of our community. Membership dues are only \$25 per year and we welcome your support to allow us to provide scholarships to college bound students, donations to our schools, sponsor our public meetings, to help keep you informed about important issues being discussed in the City and to help inform you about concern when our property interests are impacted and more. It is a small investment that can help to keep communications active and available to you.

Please give us the support that we so need to keep our communication available about our wonderful community.



Thank you,

Roberta Blowers,  
DDS, PRESIDENT  
RIVIERA  
HOMEOWNERS  
ASSOCIATION

## Riviera HOA Announcements

### Website

Check out our new website now in progress

<http://hollywoodriviera.wordpress.com/>

Sign up for the RHA E-mail Alert

Get periodic emails notifying you of RHA meetings, events, and occasional community notices. Don't miss out. (Note: The website is currently undergoing major changes. More information will be posted over the next few months.)

### Scholarships 2011

Get a head start. Think about submitting your application for the 2011 scholarship awards. The applications are due by March 1, 2011. The RHA college scholarship awards are given to graduating seniors in the Hollywood Riviera. Awards are based on academic excellence, participation in school activities, teacher recommendations and community service. Interested seniors can get application information from their college counselor at South High. If you do not attend South High or have questions, please read click on scholarship information on the RHA website or contact Judy Brunetti, RHA Scholarship Chair, at: [scholarships@hollywoodriviera.org](mailto:scholarships@hollywoodriviera.org).

# MEMBERSHIP FORM

## JOIN the Riviera Homeowners Association (RHA) for 2010-2011

Your dues are an important contribution to our community. They allow us to provide scholarships to college bound students and donations to elementary and middle schools. They are also used to sponsor general meetings in the Riviera on topics important to our community. They finance our communications and allow us to keep members informed on important issues being discussed in the City. Your dues allow us to thank the City when they are doing a great job and to express our concern when our property interests are impacted. If you are not a member, please consider joining. It is a small sum, well invested.

Membership runs from September thru August. Since our new membership and business year has begun, it's time to join or renew your membership in the Riviera Homeowners Association today and help support the interests of our community. Membership dues are only \$25 a year. Please fill out the form below or update the mailing label on reverse, enclose your check payable to "Riviera Homeowners Association", and mail to RHA Membership, P.O. Box 1074, Torrance, CA 90505. Or, you can renew or join online through our PayPal system-it is quick and secure! Go to our website at [www.hollywoodriviera.org](http://www.hollywoodriviera.org)

(Please note: Your street and/or email address are never shared with any third parties, and are used only for the purpose of notifying our members about upcoming events and other important information.)

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Do you receive emails from us? If not, and you would like to be on our list, please provide us with your email address:

Email: \_\_\_\_\_

☐ \$25 Annual Membership for 2010-11 (Sept.-Aug.)

Additional contributions are always welcome!

☐ \$50 ☐ \$100

☐ Other: \_\_\_\_\_





the  
**RIVIERA HOMEOWNERS ASSOCIATION**  
P.O. Box 1074 - Torrance, CA 90505    *Serving The Hollywood Riviera Community Since The 1940S*

## RHA Next General Meeting:

**Wednesday, February 8, 2011, 7 p.m.**

Torrance Firemen's Association

See City Website: <http://www.ci.torrance.ca.us/TFD/108.htm>

Will speak on Relevant Safety Education and Information/  
Overview of Services

Richardson Middle School Cafeteria

23571 Nancy Lee Lane (off of Newton)

## Dear Riviera Homeowners Association Emails

Dear Riviera Homeowners Association:

Has there ever been any conversation at Torrance City Hall about refreshing the center median on PCH that divides Hollywood Riviera from South High School? It's a quarter mile of old, rusty fence and concrete with weeds growing through it. It would be great to see the city plant trees, shrubs and flowers around the old chain-link fence to soften up an area that's a main thoroughfare through Torrance on the way to the beach. How easy is it to get momentum for projects like this? Manhattan Beach and El Segundo have both done a great job with their PCH center medians.

*From Damian Areyan, Greenmeadows Avenue*

Dear Damian,

You are SO RIGHT! Many of us have been driving by the ugly situation on PCH for many, many years and have just gotten complacent about it. Thanks for waking us up! Let's see if we can work together to improve this sad situation!

Thank you Damian for bringing up an unacceptable blight that we have just chosen to ignore!

*From your Riviera Homeowners Association*

NOTE: We received this email message from Damian in early November. Damian did his research about possible solutions and we DID contact City Hall with Damian's ideas. A meeting is planned in December to discuss this matter. We hope to see improvements in the near future. We will work with Damian and City Hall, and we will keep you all posted!

We appreciate our concerned citizen homeowners! Together we can do much! **"The future depends on what you do in the present."** Mahatma Gandhi



**310-373-3126**

[www.strandtechnology.net](http://www.strandtechnology.net)

Computers, networking, servers, on-site service and repair

*Serving the South Bay since 2004*



**OWNER - GEOFF GRAUE**  
Hollywood Riviera Resident

**You may be able to save  
hundreds of dollars each month!**

**"Is your rate 4.75% or Higher?"**  
The call is free to find out what your savings may be!

*How do all of the new loan rules affect me? Am I eligible for the higher conforming limits?  
What are the new credit score requirements? Are all conforming limits the same?  
Can I still buy or refinance with less than 20% equity?*



**Frank Kostrenchik**  
Office: 310.697.3018  
Fax: 310.921.5380  
Cell: 310.344.8910  
[fmkost@gmail.com](mailto:fmkost@gmail.com)



**Mike Mardesich**  
Office: 310.697.3018  
Fax: 310.921.5380  
Cell: 310.890.6459  
[mike.mardesich@gmail.com](mailto:mike.mardesich@gmail.com)



*design*  
**MS**  
*portraiture*

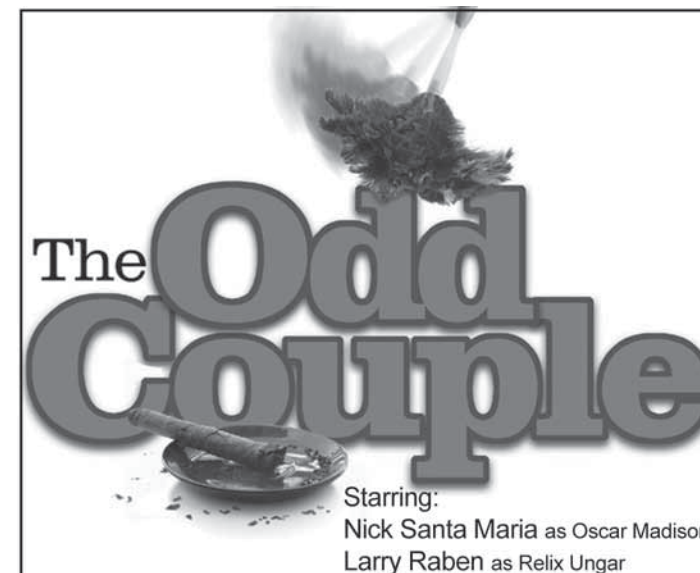
Valentines Day is just around the corner!  
Express your love with a portrait or  
gift certificate.

Print your special Valentines savings coupon under "Monthly Specials" at:  
[cmsdesignportraiture.com](http://cmsdesignportraiture.com)

Family Groups    Children    Executive PR

**310-373-5450**

2550 Via Tejon Palos Verdes Estates, CA 90274  
Malaga Cove Plaza

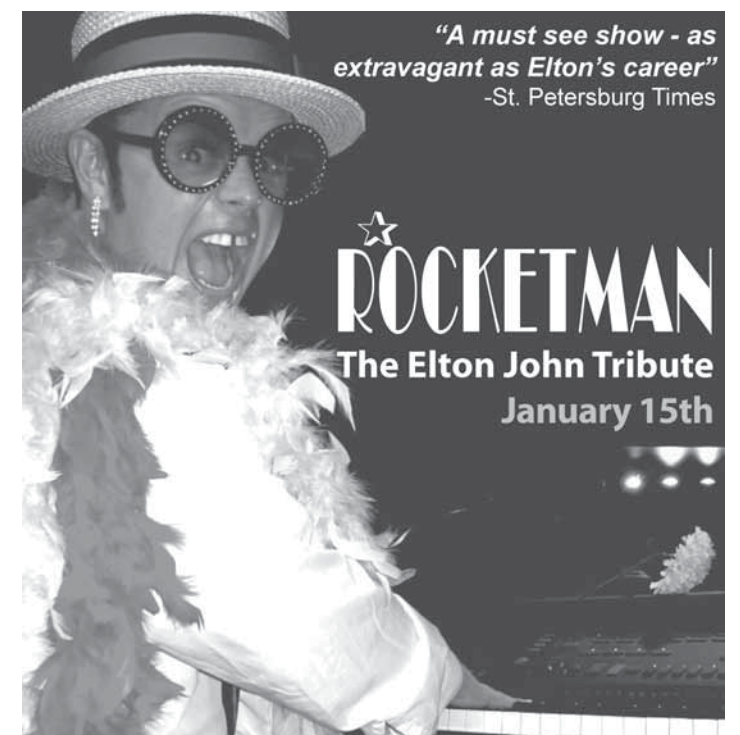


**January 28-30, February 4-6 & 11-13**

**Get your tickets now!**  
[www.norriscenter.com](http://www.norriscenter.com) | (310) 544-0403



Sponsored by:



**Get your tickets now!**  
[www.norriscenter.com](http://www.norriscenter.com) | (310) 544-0403



Sponsored by:







### Dillan & Sawyer

Photography by CMS Portraiture

*Name:* Dillan

*Age:* 7

*Grade:* 2nd

*Favorite Color:* Pink

*Favorite Activities:* Playing tetherball with friends and swimming

*Favorite Vacation:* Palm Springs

*Favorite Movie:* The Wizard of Oz

*Favorite Sport:* Volleyball

*Favorite Food:* Orange Chicken and Rice

*Name:* Sawyer

*Age:* 4

*Grade:* Pre-School

*Favorite Color:* Blue

*Favorite Activities:* Playing Sports

*Favorite Vacation:* Palm Springs

*Favorite Movie:* Star Wars

*Favorite Sport:* Baseball, Soccer, Football

*Favorite Food:* Subway sandwich



## Note from the Publisher

Dear Friends and Neighbors,

Welcome to the 2nd edition of Riviera Living. Our magazine is a collaboration of efforts and resources from the HOA and your neighbors. Riviera Living is a magazine that will be filled with stories and pictures of events and activities about your community. As you read through the magazine, you will notice that many of the articles are written by your neighbors, friends and local businesses. This is what makes this magazine so special; it's all about your community. We invite and encourage your participation and input on events and activities including pictures and interesting stories about your friends, kids, etc. Whether your child won an award in sports or academics or if you want to acknowledge your friend or neighbor for giving back to the community, let us know. Please send any content information or suggestions to me at the email address below.

On a special note: This magazine could not be possible without the support of the merchants who advertise in this magazine. Please support these businesses and services and let them know you appreciate their participation in your community. If you know of other business owners who would like to advertise in your neighborhood, please let me know or give them my contact information.

We look forward to getting to know you and receiving your stories and photos for publication. If you have any comments or suggestions about the magazine or for ways you can get involved, please email me. I would love to hear from you!

All the Best,  
Rick Rizzo  
Riviera Living – N2 Publishing  
rick.rizzo@n2pub.com

## PreciousPETS

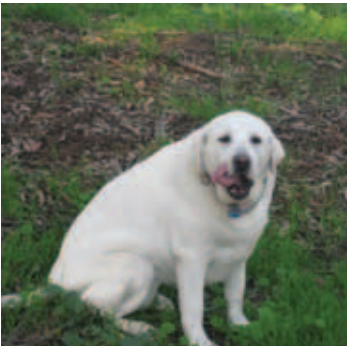
### Koa Hanhart

My name is Koa and I am a three-year-old Chesapeake Bay Retriever. I love to walk the fire trail, play in the water and play every chance I get.



### Happy Gann

My name is Happy and I am a 10-year-old Lab. I live on Via El Sereno and I like to go on loooong walks with my mom Kathy, go swimming, and play ball. I also spend my summers on Catalina Island each year! Make sure you say hi when you see me on the trail!







## Ask the Retirement Pros!

Thomas A. Gray, MBA  
Christina Jespersen, MA



This column is written to help answer your personal financial questions, problems, and issues. Please email your questions to [info@retirementpro.com](mailto:info@retirementpro.com), give us some background on your situation, and we will research and answer your questions here!

**Q** I recently attended a seminar in which the speaker touted something called a private “Health-Care REIT”. I’ve been retired for a few years, and was wondering if these are right for me. Thanks.

**A** First off, REITS (Real Estate Investment Trusts) are packaged products that own various types of real estate. Health care REITs are now popular in part due to the aging baby boomers need for more and more health-care. These REITs are buying up property in and around hospitals, long-term care facilities, and the like.

That being said, private, non-traded REITs (non-traded because you can’t buy and sell them on a stock exchange) can have their issues. Watch out for high internal fees and lack of liquidity – you may not be able to sell these for years! Also, there’s no guarantee that the properties will be worth more when they sell than they are worth now.

Since you are already retired, you may do better with a private Health Care REIT investment that offers regular liquidity, greater diversification, and reduced internal expense charges. Keep looking!

**Q** My financial advisor is telling me to invest in an “Equity Index Annuity”. He claims it will always pay higher than my credit union, and can only go up in value. Can this be right? I’m 62 years old and still working.

**A** Our first reaction when confronted with any advisor who makes “absolute” claims about any financial product is to “run the other way!”

So, what are Equity Index Annuities? Index annuities are complex insurance company creations that should be carefully reviewed and understood. They base their return on some outside index like the Dow or S&P 500. If the index rises in a

year, they credit some portion of that gain to your contract. But if the index falls, instead of suffering a loss, you just get a zero credit.

Sounds pretty good – but what could go wrong? Well, for starters, many have very long surrender charges – 10 years or longer are not uncommon, which means you may get stuck in the product for years. Also, many carry “caps”, and “participation rates” which are fancy terms to limit what you might otherwise earn on the deal. Are we having fun yet? So buyers beware! You need a trusted advisor to objectively educate you on these products!

**Q** I recently retired, and have a fairly large IRA from my previous employer, and a personal trust brokerage account that came from my late mother’s estate. I’m getting conflicting advice on which account to use first – the IRA or the personal trust account?

**A** The answer we normally give to this type of question is to draw down your trust account first – since these withdrawals are usually tax free, and then when this is exhausted tap your IRA. The rationale is to keep the IRS out of your pocket for as long as possible, resulting in greater tax-free IRA grow

Tax-free compounding is a truly amazing gift to financial planning! Great wealth has been created by using this easy to understand logic. However, if you are over 70½, and need to take your “Required Minimum Distribution” (RMD) from your IRA – do so. But that’s it...only your RMDs, and let the balance continue to grow!

About the authors: **Thomas A. Gray, MBA** and **Christina Jespersen, MA** are financial & investment consultants, and founders of Retirement Protection Group, a fee-based financial & investment advisory firm located in Riviera Village, Redondo Beach. Securities offered through Triad Advisors, Inc. Member: FINRA & SIPC. They can be reached at 310-375-1300. Send your personal financial questions to them at: [info@retirementpro.com](mailto:info@retirementpro.com).



Photography by CMS Portraiture



Greg, Zuhail, Ethan and Antonia

## Family Spotlight *the Felix Family*

**Pets** - Dog (Roxy)

### **Favorite activities and hobbies:**

Greg - R.V.ing, playing volleyball, exercising, mostly spending time with my family

Zuhail - Going to the beach, camping with my family, and exercising

### **Restaurants:**

Greg - Redondo Beach Brewing Company

Zuhail - Sophie's Place

### **Favorite Vacation Spot:**

Hawaii

### **Favorite family dinner:**

Turkey tacos

### **Music:**

Greg - classic rock

Zuhail - a little bit of everything

### **Favorite TV show:**

Greg - Seinfeld

Zuhail - Real Housewives of New Jersey

### **Favorite part about living in the Riviera:**

Family atmosphere-- you know all your neighbors. It feels like country living by the beach.

## John H. Trotter, DDS, MS Orthodontics



Diplomate,  
American Board of Orthodontics

**310-373-0093**

Located in the Riviera Village/ Riviera Professional Building  
1706 South Elena Ave., Suite D, Redondo Beach, CA, 90277

Please visit our website @ [www.TrotterOrthodontics.com](http://www.TrotterOrthodontics.com)



With 2011 upon us, it's a great time to reflect on the recent holiday season and the events that highlighted fall in the Riviera. Replacing snowsuits with full (wet) suits, long winters with long boards, and falling snowflakes with temperatures "falling" in the 60s, we truly have our own winter wonderland right here in our neighborhood and some of our personal favorite activities include:

## Riviera Village Halloween/Holiday Stroll

As a family with small children we couldn't ask for better gatherings than the Halloween and Holiday Stroll nights in the Village. Trick-or-treating kids filling up their bags with sugar courtesy of the local retailers and the ability to renew relationships with fellow residents, friends, neighbors, local businesses, and the community at the Holiday Stroll warms your heart like a big ol' cup of cocoa!

## Santa's Visit

Having a rock-n-roll sleigh with full police escort visiting our neighborhood is an experience that our family enjoys every year. For several nights leading up to our street's turn to see Saint Nick, we waited anxiously as the distant sirens and PA announcements echo across the Riviera. The kids could hardly contain themselves and the pure euphoria when Santa and his police "elves" turned onto our street was priceless.

## Candy Cane Lane

Ok, so technically it's across the way from our neighborhood but it still serves as a local tradition that everyone must partake in at least once a year. And while our annual trek inevitably sparked the discussion about purchasing a golf cart for "next year's trip" we enjoyed our time amongst twinkling lights.

## Torrance Beach

The days get shorter and the surf gets bigger. Our "secret" little beach (chosen in a recent Coastal Living Magazine article as one of the top beaches IN THE WORLD) is still an easy access, crowd-free way to spend a New Year's afternoon. While you may need to throw on a sweater, a cool winter stroll down our beach allows you to reflect on how fortunate we are to be able to celebrate the holidays with white sand instead of white snow.

While we are on to 2011, the tight-knit community in our corner of the South Bay makes me proud to call myself a resident of the Hollywood Riviera. And doing it without the need for parkas and galoshes ain't a bad perk either! Here's to a great New Year!

## Randy Rovegno

FOUNDER


LONGBOARD Marketing

818.282.6432

Randy@LongboardMarketing.com

www.LongboardMarketing.com

Become a Fan of LONGBOARD Marketing on Facebook!



**GET YOUR TEETH IN SHAPE FOR THE WINTER**

DIGITAL X RAYS \$185 FREE

EXAM \$53 FREE

310 791-2041

New Patients Only


Steve Tassone DDS: voted "BEST DENTIST IN SO. BAY"

## New Smiles Dentistry

Dr. Steve Tassone

Dr. Steve Tassone has been gently treating patients from the Hollywood Riviera for over 20 years. He is dedicated to providing you with the highest level of preventative and cosmetic dentistry available while maintaining ultimate patient comfort. Dr. Tassone is a graduate of USC, a school which has an ongoing tradition of excellence in dentistry.

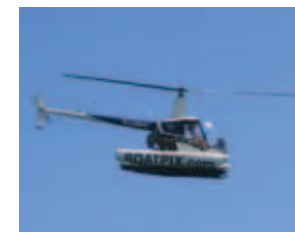
We take most dental insurances and are committed to providing you with the best dental value in all of the South Bay!





## Helicopter Noise

By Richard Root



Discussions are taking place to reduce helicopter noise in the Hollywood Riviera as well as other areas around the Torrance Airport. Last year, several Riviera residents petitioned the Torrance City Council for help reducing helicop-

ter noise. The City took the lead in bringing together representatives of the FAA Control Tower, local helicopter operators (including Robinson Helicopter Co.), Coast Guard, City staff, and community representatives to discuss the issue. The Coast Guard was very responsive to community concerns. Shortly after the first meeting, in July, 2010, the Coast Guard stopped making "routine" transit flights over the Hollywood Riviera. Riviera residents may notice an occasional Coast Guard flight engaged in "operations" or "training," but their numbers are down significantly and that means less noise, which is good news for a lot of residents.

In November, 2010, the City of Torrance established a Helicopter Committee to review specific local helicopter routes that were established years ago by a Letter of Agreement on Routes, between the FAA Control Tower and Torrance-based helicopter operators. The agreement established designated routes to and from the airport, one of which is above Pacific Coast Highway, between the airport and the ocean. Under the agreement, helicopters can fly as low as 600 feet above sea level (which could be 420 feet above ground level for some residents). Robinson's helicopters, which usually fly at about 1200-1300 feet, still cause a lot of noise on the ground. The FAA has an advisory that recommends that aircraft fly 2000 feet above ground level when flying over noise-sensitive areas, which would include residential areas such as the Hollywood Riviera. Community representatives have asked helicopter operators to follow the FAA advisory. Several Committee meetings have been held and they are expected to continue into early 2011. In addition, the Committee is expected to discuss better ways to monitor pilots' conformance to designated routes. The Committee meetings are usually held at the Airport and are open for participation by the public. Interested residents are encouraged to attend.

More information about local helicopter noise, including the latest news on Helicopter Committee meetings, can be found at [www.helicopternoise.com](http://www.helicopternoise.com), under Current Events. Also, the public can view tracks of local aircraft flights online at [www331.webtrak-lochard.com/webtrak/lax4](http://www331.webtrak-lochard.com/webtrak/lax4). The flight tracks show the location, path and altitude for each aircraft. They are delayed 15 minutes, but they can be replayed for up to three months before being deleted from the system. This system can be used to verify flights that were off-course and/or too low. Complaints about any type of aircraft noise can be made by calling the City's Noise Abatement Office at (310) 784-7950.



www.solar-g.net

Lower utility bills up to 90%, with no money down.

Free energy efficiency evaluations 310-406-4708

RESIDENTIAL | COMMERCIAL | INDUSTRIAL

solar-G THE ENERGY SOLUTIONS COMPANY





## Riviera Elementary Students Get a **Healthy Dose** of Nutrition Education

By: Debra Grossman

How would you rate your hunger on a scale of 1-10? Do you engage in “mindful eating?” Do you “taste” your food with all five senses? Are you fueling your body with the “high quality” food it needs to think and perform at its best? Can you recognize and try to limit “sometimes foods?”

These are just some of the questions Riviera Elementary students have been enthusiastically discussing since the implementation of the LiveWell Kids program at their school last month.

LiveWell Kids is a preventative health program designed by Beach Cities Health District (BCHD) to guide elementary school children toward healthy eating and physical activity habits in order to combat the rising epidemic levels of childhood obesity and related diseases such as diabetes. The program focuses on increasing access to and consumption

of healthy foods, improving knowledge and behaviors about eating and increasing physical activity. Throughout the school year, five grade-appropriate behavioral and interactive in-class nutrition lessons are delivered to students by trained parent volunteers. Topics include “mindful eating,” eating foods that are “close to nature’s source,” choosing minimally processed foods, eating a “rainbow” of fruits and vegetables and limiting “sometimes foods” like chips and candy. During each lesson, students are given the opportunity to taste new foods and are given take-home materials that support classroom learning.

Although the LiveWell Kids program has been active in RBUSD, Hermosa Beach and a few private elementary schools in the South Bay for several years, this is the first year a Torrance school has been involved. In light of strong parent interest, and thanks to the support and

cooperation of BCHD and Torrance Memorial Medical Center, in late October, TUSD approved a plan to implement a pilot LiveWell Kids program at Riviera Elementary School. If it’s successful, other TUSD elementary schools may also get involved.

Though the full LiveWell Kids program designed by BCHD includes five components (nutrition education, 8-minute daily activities, planting and maintaining a school garden, BMI assessments and daily school access to farm fresh fruits and vegetables), at this time only the nutrition education component has been implemented at Riviera Elementary.

The first lesson was delivered last month to Riviera’s 23 classrooms (Grades K-5) and, based on the positive feedback of a large number of students, teachers and parents, it was a success!



# Health Hint:

## The Fruit that is Changing the World

By: Dr. Roberta Blowers

### Cupuaçu

From the Amazon rainforest comes what could be considered the most nutritionally beneficial “Super Fruit” ever introduced to the marketplace. Haven’t heard of Cupuacu before? Well, you are not alone. Outside of Brazil, the Cupuacu is a relatively unknown commodity.

The Cupuacu also spelled Copoasu and Copoasu, is a tropical rainforest tree related to the Cacao. Common throughout the Amazon basin, the tree produces a large melon-sized fruit with a hard outer shell and a white creamy pulp inside. As a relative of the Cacao, the Cupuacu doesn’t disappoint with a pulp that bears a tropical flavor with a hint of chocolate. In fact, the hard seeds contained within the milky white pulp can be used to produce chocolate products.

The amazing thing about the Cupuacu is that it is already being hailed as the newer #1 Super Fruit, yet it is so new outside of Brazil that science has yet to be able to identify all of its potentially beneficial aspects. However, local Brazilians have known for many generations that the Cupuacu is beneficial to your health and have accordingly dubbed it “the pharmacy in a fruit.” The Cupuacu’s nutritional value is found in its complex array of nutrients including nine flavonoids, polyphenols and theacrine. Unlike the Cacao which contains xanthines (caffeine, theobromine and theophylline), Cupuacu contains theacrine which produce similar energy enhancing effects without the negative effects of xanthenes.

#### Antioxidants: The “Super Fruit” Advantage

Antioxidants are vitamins and phytonutrients that have properties which work against the natural and artificial oxidative properties of the environment. Oxidants or “free radicals” are introduced to the human body in many ways such as exposure to the sun, pollution, alcoholic beverages, unhealthy foods and cigarette smoke to name a few. Similar to the way exposure to oxygen can rust metallic objects, oxidation inside of the human body can cause damage to human cells. The free radicals attack healthy cells which can weaken immunological functions,

speeds up the aging process, and is linked to many chronic conditions (Age-Related Macular Degeneration, cancer, heart disease).

While some antioxidant enzymes are produced by the body, you can supplement your free radical defenses with antioxidants derived from fruits and vegetables. Traditionally, antioxidants were thought to be limited to vitamin A, vitamin C, vitamin E and beta-carotene but recent research has suggested some potentially antioxidative benefits for flavonoids, polyphenols, and carotenoid such as lycopene and lutein. These compounds are found in many fruits and nuts commonly a part of everyone’s diet, but the consumption of these foods in quantities necessary to provide a beneficial dose is generally not achieved by normal diet. In addition, there are fruits from around the world that contain very high concentrations of these and other phytonutrient compounds that you cannot generally find at your local grocery store. These have been popularly identified as a new class of products- the “Super Fruits.” Supplementation comprised of concentrated forms of traditional and Super Fruit sources has proven in clinical research to be extremely beneficial for maintaining and/or improving one’s health. A practical way to bolster fruit and vegetable intake as well as the unquestionable added benefits of incorporating such nutrient dense super foods into the typical diet can be a challenge.







Aerial view of the Hollywood Riviera Beach Club taken on July 27, 1930. (Photo courtesy Historic Torrance: A Pictorial History of Torrance, California.)

# Hollywood Riviera HISTORY

By Karen Lent, Riviera Homeowners Board Member

Hollywood Riviera is the place where Gary Cooper rode his horse on the beach and Clark Gable played polo. The former Hollywood Riviera Beach Club (which burned down in the 1950's and is now Miramar Park) was visited by Marion Davies, the Barrymores and Ann Harding, among others. The polo field was on land that was later Parkway Elementary School and is now the gated Riviera Beach Colony community—on lower Miramar near the beach. The locals still call the beach below the old burned down Beach Club, "Burn Out."

Our Riviera homes sit on what was once farmland but before that the Indians lived here. They lived near the cliffs on the beach. Later, the area became part of the Rancho Palos Verdes owned by the Sepulveda family. Before the Sepulvedas', The Rancho had been part of the first private land grant in California. Rancho San Pedro was given to Juan Jose Dominguez in 1784. As part of Rancho Palos Verdes, the Hollywood Riviera area was partitioned in 1882 (the northern part of the original Rancho is now Sepulveda Blvd. The southern part of Block A would become Hollywood Riviera.)

In 1927 the 604 acre parcel of land named Hollywood Riviera by developer Clifford Reid sat between the cities of Torrance and Redondo Beach. Torrance annexed the Riviera but there was no easy access to Torrance City services. Redondo Beach was where the children went to school and it is how residents got their mail: thus a Redondo Beach mailing address. In the early days of development lots sold for \$3,000. The first home constructed here by developer Reid, was his own residence on Via Monte d'Oro.

More about the Reid and other original residences next Riviera Living issue...

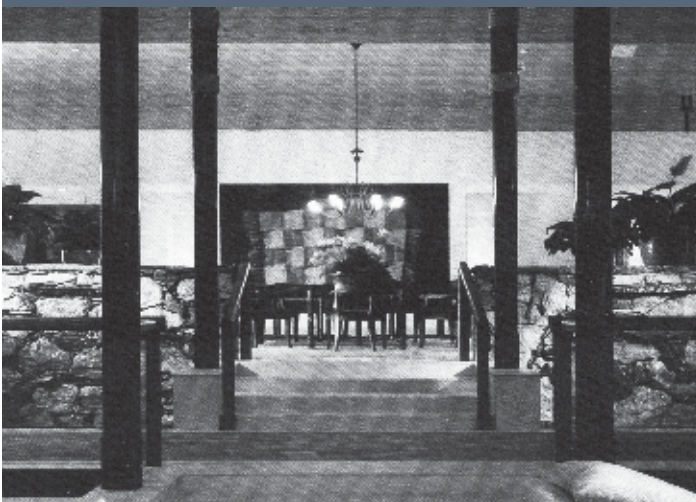
Information compiled from local Historian Marshall Stewart and the "Parkway P.T.A. Red Tile Roof" house tour booklet.




## forteza

DESIGNS

We never approach a project with preconceived notions. We prefer working as a collaborative team with our clients, exploring their desires for a particular style, or visual statement.



JUAN FORTEZA  
LORETTA FORTEZA  
310 373 8688  
info@fortezadesigns.com  
FortezaDesigns.com



CCIDC California Council For Interior Design Certification  
NCIDQ National Council For Interior Design Qualification

**HOW CAN 10,000 PATIENTS BE WRONG?**

**Actual Patients • Actual Results**



**Before** **After**

32 lbs lost within 40 days. From size 12 to Size 6.



**Before** **After**

38 lbs lost within 32 days. Lost 16 inches.

**Are You Ready?**  
Lose 20lbs in 28 days!

**\$100 OFF**

15 Day Guarantee - No Refund  
Statement Not Endorsed by the FDA.

**(310) 792-2345**  
800 Torrance Blvd., Suite 200  
Redondo Beach 90277  
**IAmANewMe.net**

**A New Me**  
Weight Loss • Live Longer

Melt Stubborn Body Fat  
Increase Metabolism & Energy  
Reduce Appetite  
No Surgery  
No Packaged Foods  
Proven Safe for over 25 Years

**LOSE UP TO ONE POUND OF FAT PER DAY!**

## Haupt Roofing

**R. Haupt Roofing Construction, Inc.**  
ALL TYPES OF ROOFS  
NEW ROOFS • REROOFING • REPAIRS  
Visit us at  
[www.HauptRoofing.com](http://www.HauptRoofing.com)  
email: [Hauptroofing@yahoo.com](mailto:Hauptroofing@yahoo.com)



**SERVING THE SOUTH BAY**  
Hollywood Riviera Resident

**\$200 OFF NEW ROOF for Residents**

BONDED  
LIC.#692361-C39  
FULLY INSURED

Custom Fabrication and Installation

## KITCHENS - BATHS - FIREPLACES - BBQs

**MARBLE  
ONYX  
GRANITE  
TRAVERTINE  
LIMESTONE  
QUARTZITE  
SOAPSTONE  
RECYCLED GLASS  
CAESARSTONE®  
SILESTONE®  
CAMBRIA®**




**DE LORENZO  
MARBLE & TILE INC.**

PHONE 310-328-8000 • FAX 310-328-8844

450 Alaska Avenue • Torrance, CA 90503

Quality Crafted Stonework

[www.delorenzomarble.com](http://www.delorenzomarble.com)



**PRITZKAT  
& JOHNSON**  
ARCHITECTS

Providing distinguished  
Architectural Services since 1986

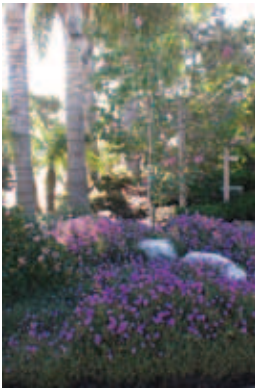
Miles E. Pritzkat  
Architect

Keith B. Johnson  
Architect

View our portfolio at:  
[www.pritzkatjohnson.com](http://www.pritzkatjohnson.com)

304 Vista Del Mar, Suite D  
Redondo Beach, CA 90277  
Office: 310.375.7700





Landscape Story by Karen Lent  
Photos by Julian Chasin

Anne is an enthusiastic self-taught gardener who has lived in her Encanto house for 30 years. The front garden walkway path meanders around the small front yard. With characteristic attention to detail, Anne reworked this pathway several times until it was "right." The yard was re-landscaped all by herself with help of her gardener. No detail is overlooked by Anne. One finds a small stone bench in a perfect spot to enjoy the fragrance of the blooms. Boulders are placed at dramatic spots here and there interspersed with blue glass accents. Palm trees are a focal point - tall queen palms near the street are fronted by shorter

phoenix palms. Anne says she loves all colors but on the sunny fall day we visited her garden, there seemed to be a preponderance of purple and blues including blue hibiscus, purple veronica, plus wisteria happily coming along for spring. She opted for drought-tolerant grass in the few places that she has it. She has many flowering trees-- an orchid tree and plants from China and Asia. Esteemed by her neighbors, they gave Anne a hooray when she won her deserved Landscape Award. Cheers from us too, Anne!



Anne & her daughter with grandson Jonathon



Neighbors cheer Anne as she receives her Landscape Award

OUTSTANDING LANDSCAPE AWARDS are chosen by a Committee of Riviera Homeowners and Riviera Garden Club members. Checkout the website: <http://hollywoodriviera.wordpress.com>. You will find current and past landscape awards: 21 years of them!

# Riviera LANDSCAPE AWARDS

## OUTSTANDING LANDSCAPE AWARD

Anne Gu  
535 Camino de Encanto

*In appreciation for your enhancement of the Hollywood Riviera Community  
by the Riviera Homeowners Association and the Riviera Garden Club*



## "Riviera Real Estate Happenings"

KELLY & LAURA

"Sisters SOLD on the Hollywood Riviera"

(310) 613-2465 Kelly (310) 738-7355 Laura



### Welcome To the January 2011 Newsletter

#### "Riviera Homeowner Spotlight"



John & Maya Clem bought their 'fixer upper' in February 2008. They really weren't looking for a new home. They were perfectly happy with their Hermosa Beach townhouse, but when they saw the house on lower Via los Miradores right across the street from their good friends' house, they couldn't resist and decided to make an offer. Next thing they knew they were drawing up plans and going through the "approval process." A year and a half later they got full approval and were on to the building stage - which they found to be the easier end of the deal - that only took six months to complete!

John, a trained engineer, along with Maya in marketing were a good team. John was able to draw up most of the plans himself with the help of a CAD program he figured out and Maya had a great eye for finishes. Working as the 'homeowner/builder' worked out well for them. They worked together well with their great contractors, Best Quality Construction - out of Santa Ana. Apparently they actually showed up every day and finished on time and on budget. Now that is something you do not have the pleasure of hearing everyday!



John & Maya added 1200 square feet and a gorgeous deck on the exterior of their home to end up with the 2800 square foot 5 bedroom, 3.5 bathroom home they currently live in today with their beautiful baby girl. Some of the things they each love about their house - Maya loves the yard and John loves the view! For their beautiful kitchen they chose Caesarstone® countertops, white cabinets and stainless appliances. The kitchen is open to the living room and they have a formal dining room right off the living room. The view from the kitchen sink will make anyone 'want' to do the dishes! They have what we call a reverse floor plan with 4 of 5 bedrooms on the bottom floor.



The main floor however is the floor you walk into from the street. This affords better views from the public spaces of the house. Beautiful dark oak hardwood floors & vaulted ceilings add to the spacious feel of the home. Job well done, John & Maya!

Thank you for sharing with us all!

#### KELLY & LAURA's Winter 2011 Highlights



936 Calle Miramar  
4 Bed, 3.5 Bath, 3500 Sq Ft  
\$2,199,000



357 Calle Mayor  
4 Bed, 2.5 Bath, 2858 Sq Ft  
\$1,389,000



160 Vista del Parque  
5 Bed, 3 Bath, 2286 Sq Ft  
\$999,000 ~ In Escrow



Upper Hollywood Riviera  
3 Bed, 2 Bath, Remodeled  
Call for More Info

Check Out Our Blog by Visiting Our Website

[www.KellyandLaura.com](http://www.KellyandLaura.com)



# Riviera Real Estate *Happenings*

## Hollywood Riviera Real Estate Trends

Average South Bay Single Family Home Price Comparison

Cities	Average Sales Price Jan - Nov 2009	# Homes Sold Jan - Nov 2009	Average Sales Price Jan– Nov 2010	# Homes Sold Jan - Nov 2010	Year-To-Year Price % Change
El Segundo	\$796,778	72	\$870,594	54	+8%
Manhattan Beach	\$1,697,055	242	\$1,768,351	281	+4%
Hermosa Beach	\$1,453,616	82	\$1,428,625	96	-2%
West Torrance	\$674,250	110	\$681,494	104	+1%
South Torrance	\$717,683	98	\$681,462	111	-5%
N. Redondo Beach	\$688,148	130	\$687,074	162	-1%
S. Redondo Beach	\$936,328	81	\$887,833	87	-5%
Hollywood Riviera	\$999,841	70	\$1,003,477	69	+1%
Rolling Hills Estates	\$1,292,327	52	\$1,229,237	57	-5%
Rolling Hills	\$2,366,417	12	\$2,066,253	16	-13%
Palos Verdes Estates	\$1,706,063	109	\$1,675,028	144	-2%
Rancho Palos Verdes	\$1,057,683	245	\$1,148,586	248	+8%

As we head into the end of 2010, home sales contracted from the strong start in the beginning of this year. Only 5 out of 12 South Bay areas had stronger average prices over the same time period in 2009. (That number was 8 of 12 in September.) Here in the Hollywood Riviera our 4% increase in average price we saw for the first half of 2010 vs. 2009 has shrunk back to 1% but at least it’s a positive number and not a negative one like in many other areas. Uncertainty in our economic policy combined with Federal, State and Local budget deficits leave many wondering what is coming next. Low interest rates are currently being subsidized by the government right now - it’s a great time to buy.

*Sales information obtained from the Greater South Bay Multiple Listing Service, deemed reliable but not guaranteed.*

Check Out Our Blog by Visiting Our Website  
**www.KellyandLaura.com**

### New Years’ always brings predictions and trends for what’s to come. We thought it would be interesting to look at our trends for the 2010 market last year and see how we did:

- 1. ‘Green Homes’ would play key role in top dollar pricing** - As opposed to a ‘Green’ building, which adopts low-impact materials and building techniques, the new term for 2011 forward is a “Net Zero Home” which refers to a structure that creates as much energy as it consumes.

**2. Entry level homes will garner multiple offers** - Indeed the ‘entry level’ homes did and still are on the top of buyer’s lists. Homes competitively priced in any range are still garnering lots of attention.

**3. Jumbo loans are somewhat easier to attain in 2010** - Jumbo loans were still hard to get but certainly attainable with the proper documentation. ‘No-doc loans’ are now illegal and a thing of the past.

**4. More inventory will flood the market in 2010** - We did see quite a bit of inventory in the summer months but the number of homes for sale this fall/winter seems to have contracted. Currently, we only have 20 homes actively being marketed for sale as of Dec 1, 2010.
- 5. Staging your home for sale will become the norm vs. an extra** - Many sellers are choosing to stage their home at least somewhat prior to going on the market, especially in the upper end of the market.

**6. Less “McMansionization” vs. smaller more eco-friendly home building will become the trend** ~ Construction industry experts agree - the “McMansion is out.” Homes in the 2000-2500 sq. ft range are becoming the new standard. Low Maintenance & Low Energy costs are also the trend for 2011 forward.

**7. Higher Mortgage Rates for 2010 vs. 2009** - This was certainly NOT the case. Interest rates have come down to all time lows - when they went to 5% that seemed like the bottom, but they went all the way down close to 4% and are still hanging there currently. This is looking like a great time to buy or refinance if you haven’t already. The biggest problem with refinancing is the appraisal. For those with equity in their home, this won’t be an issue. But if you purchased your home within the last 3 years with little down payment this could be a concern. Talk to your mortgage broker or call Brian Diederich of Riviera Funding (310) 989-4041.

## Kelly & Laura’s Useful Tips & Information

### 6 Ways to Boost Curb Appeal in a Buyer’s Market

- 1. Get Some New Eyes** - You need someone objective to stand back and take a look at your house. Call your real estate agent for a comprehensive list of what it takes to improve the “first impressions.”

**2. Start with Basic Repairs** - Fixing up the small things gives the overall impression that you have taken care of your home.

**3. Do Some Cleaning** - Pressure wash the exterior, broom off the cobwebs, clean the gutters and wash the windows. This makes a huge difference in the overall appeal of your home.

**4. De-clutter** - Just as you would with your interior, pick up the kids’ toys, put away garden tools & hoses. Remove accumulated junk from sides and rear of yard.

**5. Landscaping** - Rake debris & leaves, tackle the weeds, fertilize the lawn and add some colorful annuals and bark mulch.

**6. Consider a trip to the Paint Store** - Few things make your home show better than a fresh coat of paint! (True for interior & exterior.)

### Overnight Cookies (Mint Choc-Chip Meringue Cookies)

3 Large Egg Whites, at room temperature  
1/4 tsp Cream of Tartar  
1 Cup Sugar  
1/2 tsp Vanilla extract  
1/2 tsp Mint extract  
1/2 bag mini chocolate chips

Beat egg whites with cream of tartar on high speed until stiff peaks form. Add sugar 1 Tbsp at a time until sugar is incorporated. The meringue should be shiny and form stiff peaks. Fold in mint & vanilla extracts and mini chocolate chips. Drop by small teaspoonfuls onto cookie sheet lined with parchment paper. Bake 1 hour at 250° then turn oven OFF and leave cookies in oven overnight or a few hours.

*Send in your favorite recipe for the newsletter and receive a \$25 Trader Joe Gift Card.*

Check Out Our Blog by Visiting Our Website  
**www.KellyandLaura.com**





## Kelly & Laura

**Hollywood Riviera Specialists!**

## Curious What Your Home is Worth ?

**FREE Market Analysis**  
**Call or E-mail Us**

**KELLY** - Cell: 310-613 2465

Email: Kelly@KellyandLaura.com

**LAURA** - Cell: 310-738-7355

Email: Laura@KellyandLaura.com

## Save the Date!!

### Popovich Comedy Pet Theatre

James Armstrong Theatre  
Saturday, January 8th  
~ 2pm & 6pm  
www.Torrnet.com

### 33rd Superbowl Sunday 10K

Seaside Lagoon  
Sunday, February 6th  
~ 6am start  
www.redondo10K.com

### Rudy's Radical Science Show

El Retiro Library  
Wednesday, February 23rd  
~ 4pm  
www.Torrnet.com

### Watercolors for Kids (8+)

Madrona Marsh Nature  
Center  
Saturday, February 26th  
10am-noon  
www.Torrnet.com

## Mortgage News by: "Riviera Funding's" Brian Diederich

### Conforming Loan Limits for 2011

Conforming loan limits for the first three quarters of 2011 have been set by the Federal Housing Financial Agency (FHFA), and for the third year in a row they remain unchanged. In most of the U.S. the maximum conforming loan limit will remain at \$417,000. In the Hollywood Riviera and other high cost areas, mostly the West and East Coast, that limit will remain \$729,750. These loan limits apply to all loans being sold to Fannie Mae and Freddie Mac.

A continuing congressional resolution requires Fannie Mae and Freddie Mac to set the loan limits for mortgages originated during the federal government's 2011 fiscal year at an amount "equal to the higher of the maximums determined under the Economic Stimulus Act (ESA) of 2008 and the Housing and Economic Recovery Act (HERA) of 2008," the FHFA release added.

The ESA limits are fixed dollar amounts, while the HERA limits are updated annually, the FHA added. For mortgage loans originated after September 30, 2011, the ESA rules will be used to determine limits and the maximum of the \$625,500 will apply.

If you have any questions regarding the financing of a new purchase or the refinancing of your existing home please call me at 310-989-4041. My office is located in the Riviera Village and I have been a resident of the Hollywood Riviera for 38 years.



1801 S. Catalina Ave #201, Redondo Beach, CA 90277  
310-989-4041 BDiederich@RivieraFunding.com



# Out of Taiwan

Riviera Renaissance Woman: Anne Gu

Story by Karen Lent  
Photos by Julian Chasin

Very petite, but very strong in very many ways, Anne Gu has worn many hats in her lifetime. She came to this country to work in a motel and ended up owning one. She speaks three languages, loves to sing, designs and maintains her garden, is a real estate broker, investor, loan consultant, music teacher, energetic mother of three and grandmother to two. She has a Business degree from U.C. Berkeley and has taken construction classes. All this was done as an immigrant from Taiwan, taking small jobs as she struggled to learn new cultures and languages.

Anne is one of six children who grew up poor but happy in Taiwan. Because her mother grew vegetables and raised livestock, the family always had enough to eat. Her father was a furniture carpenter who often volunteered his labors. Anne says her father was the nicest man she ever met and her mother was the hardest working person she knew. Anne remembers being bundled to her mother's back as a child as her mother worked in the rice fields and carried water from the river.

Anne's biggest inspirations were her parents. Next in line were her school teachers who inspired her with their love and talents. Anne became a teacher because of them and taught Chinese, math and music for ten years. After marrying, and having two children--a girl and a boy--they immigrated to Paris, France, for better experiences and opportunities. A Catholic priest was instrumental in aiding their immigration. Her third child--a son--was born in Paris. They later immi-

grated to the U.S. after a stay in Canada. Anne taught music in Toronto.

In 1975, an uncle invited Anne to Los Angeles to manage one of his motels. The motel work was very demanding with the unusual everyday tasks, including washing sheets by hand and hanging them out to dry. She triumphed over the enormous workload and later Anne was able to establish loans to buy her own motel. The first thing she did was send her new motel sheets out to a laundry service!

Anne and her children lived in Irvine for ten years, but settled in the Riviera; where she found the moisture rich ocean air a blessing. One-hour walks on the beach twice a day cleared her sinus problems. She has owned her Encanto home for 30 years. Her three children, all college educated, have attended numerous local area schools and colleges. Long after divorcing, Anne met her significant other, Richard, a Redondo resident. They have been sweethearts for nearly three decades.

Very well-liked and respected among her Camino de Encanto neighbors, Anne was recommended for a Landscape Award by them. She has created a delightful garden that includes her special fragrant "Joy" tree and front and back yard Zen spots for meditation. (A television series, CSI Miami, wanted to use her home and garden for filming but she declined.) We see Anne as a very inspiring person who is the combination of her mother: hard working, and father: nice person. Thank you, Encanto neighbors, for introducing us to a true Riviera Renaissance woman!

### The Origins of "Joy"

*What does the most expensive perfume in the world and this bloom have in common?*

In the garden of Anne Gu, there are Michelia champaca trees which are quite special because they are SO fragrant! These blossoms are the essence of JOY perfume by Jean Patou, Paris, the most splendid and most expensive perfume ever. In East Asia this tree is commonly called White Jade.

The tree has flowers and green leaves all year round, beautifying its surroundings. Besides, the clearly veined leaf can be made into a special bookmark. Blossoms may be white or yellow. Michelia flowers produce in great quantities. On a warm humid night, the scents can easily be enjoyed many feet away.



Anne with her friend Richard





Sponsor Index

ARCHITECTURE

Pritzkat & Johnson Architects  
(310) 375-7700

AUTOMOTIVE

A&A Smog Away  
(310) 534-8706

CHIROPRACTIC

Dr. Diane Jordan  
(310) 375-4039

COMPUTER REPAIR SERVICES

Computer Trouble  
(310) 373-3126

DENTIST

Kirstin Hellmeyer DDS  
(310) 541-9725

New Smile Dentistry  
(310) 791-2041

ENTERTAINMENT

Norris Theatre  
(310) 544-0403

FINANCIAL SERVICES

Retirement Protection Group  
(310) 375-1300

FLOORING

Sinbad Flooring  
(310) 375-0516

FURNITURE

Fringe  
(310) 316-9100

HEALTH & FITNESS

Syzygy  
(310) 316-7999

INSURANCE SERVICES

D & S Insurance Services  
(310) 320-7226

MEDICAL

Palos Verdes Medical Group  
(310) 544-6858

MISCELLANEOUS

Jamin Mamas  
(310) 373-7191

Solar - G

(310) 527-1650

MORTGAGE

Cobalt Financial Corporation  
(310) 697-3018

MUSIC LESSONS

Peninsula School of Music  
(310) 918-0439

NANNY PLACEMENT

Palos Verdes Domestic Agency  
(310) 541-3853

ORTHODONTIST

Trotter Orthodontic  
(310) 378-5007

PHOTOGRAPHY

CMS Design Portraiture  
(310) 373-5450

PILATES

ShapeShift Pilates  
(310) 378-4455

PIZZA

Lampost Pizza  
(310) 325-4864

PLUMBING SERVICES

Beach Cities Plumbing  
(310) 378-9826

PRIVATE SCHOOLS

Akai Swim School  
(310) 378-2242

REAL ESTATE

Kelly and Laura  
(310) 613-2465

REALTOR

Keller Williams - Janet Kaplan  
(310) 780-9641

RESTAURANT

Yellow Vase  
(310) 373-0013

ROOFING

Haupt Roofing  
(310) 679-6767

TILE & STONE

DeLorenzo Marble & Tile  
(310) 328-8000

TRAVEL SERVICES

Travel Store  
(310) 750-9420

WEIGHT LOSS

A New Me  
(310) 379-9626

YOUTH SPORTS

Zenith Aquatic Program  
(310) 377-3241



ShapeShift Pilates Studio

*Pilates & Gyrotonic Instruction*

*Featuring -*  
Trinifinity8, the latest  
in anti-aging technology,  
T-Zone vibration technology,  
and Belly Dancing

*Conveniently located in Riviera Village!*

ph. 310.378.4455  
shapeshiftpilates@yahoo.com • www.ShapeShiftPilates.com



Compassionate Care for Seniors  
in their home.



WE ARE ALWAYS WORKING TO PROVIDE THE BEST IN  
HOME CARE SERVICE FOR OUR PATIENTS.

Persons recuperating from surgery | Suffering from Alzheimer's  
Dementia or related conditions | The terminally or chronically ill  
wish to remain at home | Seniors desiring extra help  
and companionship in the home  
and anyone needing a helping hand

Always  
Right  
Home Care




South Bay / West LA  
www.alwaysrighthomecare.com  
310.316.8343

WDB660342 0204

KIRSTIN M. HELLMAYER, D.D.S.

PROFESSIONAL WHITENING  
IMPLANTS  
COSMETIC DENTISTRY  
DIGITAL X-RAYS  
STATE OF THE ART COMPUTER TECHNOLOGY

AMERICAN DENTAL ASSOCIATION AND CALIFORNIA DENTAL ASSOCIATION MEMBER OVER 20 YEARS



310 541-9725

827 Deep Valley Drive, Suite 209 • Rolling Hills Estates, CA 90274



## The Kaplan Team - Janet and Alan Kaplan

**Local** – We live and work in the Riviera  
**Committed** – To helping buyers and sellers reach their dreams  
**Professional** – Constantly striving to exceed your expectations!



Call us today for a free market evaluation of your home.

**Top Producers 2009, 2010**

**Direct: (310) 780 9641**

[www.redondobeachhomesca.com](http://www.redondobeachhomesca.com)

*Please don't keep us a secret!*

*Your referral of your relatives, friends  
and associates in need of real estate  
service and advice are integral to the  
success of our business! Thank you!*

DRE Lic #01859254/01331933



CAFÉ • FLOWERS • BAKERY

**REDONDO BEACH**  
Café • Flowers • Bakery  
1805 South Catalina Avenue  
310.373.0013

**REDONDO BEACH**  
Floral Design Studio • Gifts  
1714 ½ South Catalina Avenue  
310.540.0013

**ROLLING HILLS ESTATES**  
Café • Flowers • Bakery  
810 Silver Spur Road  
310.541.0013

**PALOS VERDES ESTATES**  
Café • Flowers • Bakery  
51 Malaga Cove Plaza  
310.378.0013

[www.yellow-vase.com](http://www.yellow-vase.com)

# AmeriSciences

Experience the Taste,  
Share the Life!

AmeriSciences' joint research with NASA in developing nutritional products for the Astronaut Corp. seamlessly blends science with the bounty of nature.

AS10 is a unique blend of 10 key fruits and vegetables that truly tastes great. Featuring the next generation of Super Fruit from the Brazilian rainforest, **Cupuaçu**, as well as the proven marketable and beneficial Acai, Acerola, Prickly Pear and Yum Berry, AS10 takes these, the best of the Super Fruits, and combines them with the five top natural ingredients from our joint research with NASA/JSC: Cruciferous Vegetables, Grape Resveratrol, Pomegranate, Wild Berries and Green Tea.

Together they form the perfect 10 inside AS10.

- Unmatched array of Antioxidative agents
- High vitamin and phytonutrient content
- Boost your immune system
- Boost your energy
- Tastes Great!

To learn more and to order go to:  
**ASGlobalWellness.com**

or call Diane at 310 930-1322



## A New Concept in Energy Shots . . .

**AS  
10**  
Fusion

Features:

- **AS10 Flavor**
- **2.5 oz Convenient Shot Size**
- **Top 5 Super Fruits**
- **Top 5 Ingredients from Research with NASA/JSC**
- **Long-lasting Energy**

To learn more and to order go to:

**ASGlobalWellness.com**

or call Diane at 310 930-1322



**Don't settle for those other nutritionally empty energy drinks!**

**Every AS10 Fusion shot provides you with one recommended daily serving of fruits and vegetables!**



# travelnews

## Disney Cruise

On a Disney cruise, there is something for everyone: relaxing “me” time for the adults, imaginative fun for the kids and exciting family time for all. Every voyage includes the attention to detail and world-class hospitality that Disney is famous for. Disney Cruise Line® was also recently named the top cruise line in the mega-ship category by readers of Condé Nast Traveler magazine.

One of the best things about a Disney cruise is that nearly everything you could dream of is included in the price. Join in fun-filled activities at lavishly themed onboard venues designed to inspire and delight each and every member of your family. Savor Disney’s one-of-a-kind Rotational Dining, where Guests “rotate” through 3 different restaurants with personalized service from servers who travel with you to each meal. Immerse yourselves in Broadway-quality, original Disney musicals that can’t be seen anywhere else—as well as special moments with Disney Characters and first-run Disney movies. Plus, the family comes together for unique themed celebrations on deck, including the only fireworks spectacular at sea.

Onboard staterooms are also among the first in the industry to be tailored especially for families, pioneering innovative comforts and modern features you won’t find with any other cruise line. On a Disney cruise, staterooms are family-size – larger than the industry standard – and immaculately appointed with a nautical Disney flair and smartly designed to let guests stretch out in style and comfort. As an added convenience, most staterooms feature a “split bath-and-a-half” with a sink and tub/shower in one room and a sink and toilet in a separate room.

Disney Cruise Line® has selected the most stunning destinations—in the most exciting regions around the world—for cruises you and your family will not soon forget. Enjoy the service and expertise of the dedicated crew as they guide you in

your exploration of international ports of call from the Caribbean region to Europe and beyond. All Bahamian and Caribbean cruises include a stop at Castaway Cay, Disney’s private island paradise reserved exclusively for Disney cruisers. And in 2011, sail to exciting new destinations, including the Mexican Riviera and Alaska.

The Disney ships are modern classics that celebrate the legendary ocean liners of the past while combining innovative technology with magical Disney touches to create extraordinary guest experiences. The Disney Cruise Line® fleet consists of the Disney Magic® and Disney Wonder®. The newest ship, the Disney Dream™, is scheduled to sail its Maiden Voyage on January 26, 2011 from Port Canaveral, Florida. Meanwhile sister ship Disney Fantasy™ is scheduled to set sail in 2012.

A leader in the family cruise segment, Disney Cruise Line® delivers a vacation experience that every member of the family feels was created especially for them. TravelStore, located at 24 Malaga Cove Plaza has been designated by Disney Destinations as an “Authorized Disney Vacation Planner” based on their strong support in selling Disney Vacation.

**Coming soon**  
our Jr. Lifeguard  
Training Program!



We have different programs to suit your needs!

**For Kids...**

- JG Prep
- Swim Team
- BURST (novice team)
- Swim lessons

**For adults...**

- Masters swimming
- Adult "Fun & Fitness"
- Learn-to-Swim
- Tri-coaching

**Locations:**

Miraleste Intermediate School • South End Racquet Club  
West End Racquet Club • Kramer Club • Ft. MacArthur

Not all programs are offered at all pools.

Please visit **[www.ZAPSWIMMING.com](http://www.ZAPSWIMMING.com)**





# January

## LOCAL EVENTS

Friday, January 14 & Saturday, January 15, 7:30 p.m.  
**Saxophobia** – *Jazz Cabaret* – Sax gone wild  
Nakano – Madrona Ave and Torrance Blvd

Saturday, January 15, 8 p.m.  
**International Musica** - *Torrance Symphony Association*  
Armstrong Theatre – Madrona Ave and Torrance Blvd

Saturday, January 15, 8 p.m.  
**Rocketman: The Elton John Tribute** – *Norris Presents*  
Norris Center for the Performing Arts – Crossfield Drive in RHE

January 18-30, 8 p.m. Tuesday thru Saturday, Sunday 2 p.m. & 7 p.m.  
**Barefoot in the Park**  
Hermosa Beach Playhouse, Pier Avenue & Pacific Coast Highway

Wednesday, January 19, 4 p.m.  
January 22 through March 5  
**What's New, Pussycat?** – *Torrance Art Museum Main Gallery*  
This exhibit will spotlight a selection of established California based artists from the sixties, curated by Tim Nye and Max Presneill.  
**A certain way to fade by Simon Wilems** – *Gallery 2*  
On view January 22 through March 5, open Tuesday-Saturday, 11 a.m. to 5 p.m. Reception: Saturday January 22, 6-9 p.m.  
Torrance Art Museum - Madrona Ave and Torrance Blvd

Saturday, January 22, 9:00 a.m. - 4:00 p.m.  
**Paperback Book Sale** - *Friends of the Torrance Library*  
Katy Geissert Civic Center Library, Community Meeting Room, 3301 Torrance Blvd

Saturday, January 22, 2 p.m. & 6 p.m.  
**Madame Butterfly** – *San Francisco Opera Cinema Series*  
Armstrong Theatre – Madrona Ave and Torrance Blvd

Saturday, January 23 – 8 p.m  
**Susanne Hou, Violinist** - *Chamber Orchestra*  
Norris Center for the Performing Arts – Crossfield Drive in RHE

Tuesday, January 25, 9 a.m. to 4 p.m.  
**Bus Tour to Greystone Mansion** – *Riviera Garden Club*  
Please contact the presidents at President@RivieraGardenClub.org for details.

Wednesday, January 26, 4 p.m.  
**Celebrate Chinese New Year** – After school event  
El Retiro Library, register at 310-375-0922

January 25 – March 4  
**Pacific Arts** – Al Hagan - *Madrona March Art at the Marsh*  
On view: January 25 – March 4,  
Artist's Reception: Friday, February 18, 6:30-8:30 p.m.  
Madrona Marsh – Plaza del Amo between Madrona & Maple

January 28 - February 13, 2 p.m. Sundays & 8 p.m. Friday & Saturday  
**The Odd Couple**  
Norris Center for the Performing Arts – Crossfield Drive in RHE

Friday, February 4 & Saturday, February 5, 7:30 p.m.  
**Panthelion** – *Jazz Cabaret*  
Nakano – Madrona Ave and Torrance Blvd

February 4-27  
**Over the River and Through the Woods:** *Torrance Theatre Company*  
In historic downtown Torrance, for tickets call 424-423-6882

Saturday, February 5, 10:30 a.m.  
**Easy to Grow Herbs** – *Grow container herbs on your windowsill*  
El Retiro Library, register at 310-375-0922

Sunday morning, February 6  
**33rd Annual Super Bowl Sunday Redondo Beach 10K/5K**  
<http://www.redondo10k.com/>

Saturday, February 12, 8 p.m.  
**Flamenco Vivo** – *Torrance Cultural Arts Foundation*  
Armstrong Theatre – Madrona Ave and Torrance Blvd

Saturday, February 12, 8 p.m. and 10 p.m.  
**Annual Fundraiser** – *Torrance Symphony Association*  
Ken Miller Recreation Center – Madrona Ave and Torrance Blvd

February 16- March 6, 8 p.m. Tuesday through Saturday, Sunday 2 p.m. & 7 p.m.  
**She Loves Me**

Redondo Beach Performing Art Center, Aviation & Manhattan Beach Blvd

February 18—27, Friday & Saturday 7:30 p.m., Saturday & Sunday 2 p.m.  
**Bye Bye Birdie** *Student Production*  
Norris Center for the Performing Arts – Crossfield Drive in RHE

Tuesday, February 22, 9:30 a.m. to noon.  
**Hydroponics** – *Riviera Garden Club*  
Torrance Airport Meeting Room, 3301 Airport Drive  
Please contact the presidents at President@RivieraGardenClub.org for details.

Wednesday, February 23, 4:00 p.m.  
**Science Month:** *Rudy's Radical Science*  
Celebrate Science Month with Rudy's Radical Science show. Science Month is sponsored by the ExxonMobil Foundation. For more information, please call the El Retiro Library at 310-375-0922.  
El Retiro Library, 126 Vista Del Parque, Redondo Beach

Saturday, February 26, 8 p.m.  
**Chamber Orchestra Kremlin** – *Torrance Cultural Arts Foundation*  
Armstrong Theatre – Madrona Ave and Torrance Blvd

Saturday, February 26, 7 p.m.  
**Work in Progress:** *Pentagon Papers, Volume I*  
A commemoration of the 40th Anniversary of the revelation of the Pentagon Papers Post-WW II and the Eisenhower Years -America's involvement in Vietnam begins  
For more information visit [www.TorranceLive.us](http://www.TorranceLive.us)

## CouponSection



**Smog Test Only**  
Bob Gavola - Owner

1913 Pacific Coast Highway  
Lomita, Ca. 90717  
**310-534-8706**

Proud Resident of the Hollywood Riviera  
Mention this ad for Super Discount

**QUALITY NANNIES & HOUSEKEEPERS**  
SERVING THE SOUTH BAY SINCE 1974

**SPECIALIZING IN**  
NANNIES - HOUSEKEEPERS AND MORE

Services include: Criminal Background Check - CPR Course - Fingerprinting - DMV Report - TB Testing - Work History Resume - Six Month Guarantee

**PALOS VERDES DOMESTIC AGENCY**  
For Free Consultation call or email  
**310-541-3853**  
[info@palosverdesdomesticagency.com](mailto:info@palosverdesdomesticagency.com)  
500 Silver Spur Rd., Ranch Palos Verdes  
[palosverdesdomesticagency.com](http://palosverdesdomesticagency.com)

**Bob Gavola - Owner**  
1913 Pacific Coast Highway  
Lomita, Ca. 90717  
**310-534-8706**  
Proud Resident of the Hollywood Riviera

**Cools Interior • Blocks 98% Rays**  
**Increases Privacy**

**A&A TINT SHOP**  
Mention this ad for Super Discount

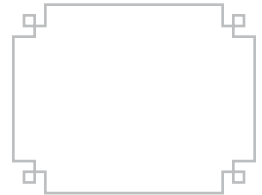
**You'll Value Our Views**  
  
Please visit our website for special offers  
CL#C27-479003

**Serving the South Bay for over 25 years**  
Tree Trimming/Removal • Planting  
Irrigation Repair/Installation • Lighting  
Carpentry • Design  
Masonry  
**(310) 534-3543**  
[www.bennett-landscape.com](http://www.bennett-landscape.com)









Cast off with *Disney Cruise Line*® to join the fiesta.



#### 7-Night Mexican Riviera Cruises

STARTING AT

**\$1,349\***

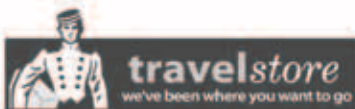
per person, double occupancy, Category 5B  
Deluxe Oceanview with Verandah  
Available most sail dates 10/09/11 - 11/13/11



Sailing from Los Angeles along the beautiful Baja Peninsula, you're destined for famous and fabulous ports of call. For seven nights, you'll enjoy the sun, the fun and wonders of the Mexican Riviera. Couple this with the outstanding personal service, enchanting experiences and unmatched entertainment that is distinctive to *Disney Cruise Line*®, and you have a vacation dream come true.

7-Night Cruises from Los Angeles to:  
Puerto Vallarta • Mazatlán • Cabo San Lucas

\*Rates in U.S. dollars. Subject to availability. Government Taxes and Fees and excursions are not included. See Disney Cruise Line brochure for applicable Terms and Conditions.  
GS2011-4159 ©Disney Ship's Registry The Bahamas



travelstore  
24 Malaga Cove Plaza • Palos Verdes Estates, CA 90274  
310-373-0954 • [www.travelstoreusa.com](http://www.travelstoreusa.com)  
CST#2002736-10